



## Work Plan Proposal for 2018 Joint Commission on Health Care

June 15, 2018 Meeting

Michele L. Chesser, Ph.D.  
Executive Director

### 2018 JCHC Membership

Senator Charles W. Carrico, Sr., Chair

Delegate David L. Bulova  
Delegate Benjamin L. Cline  
Delegate T. Scott Garrett  
Delegate C.E. (Cliff) Hayes, Jr.  
Delegate Patrick A. Hope  
Delegate Riley E. Ingram  
Delegate Kaye Kory  
Delegate Christopher K. Peace  
Delegate Christopher P. Stolle  
Delegate Roslyn C. Tyler

Senator Rosalyn R. Dance, Vice Chair

Senator George L. Barker  
Senator Siobhan S. Dunnivant  
Senator John S. Edwards  
Senator L. Louise Lucas,  
Senator Glenn H. Sturtevant, Jr.  
Senator David R. Suetterlein

The Honorable Daniel Carey, MD  
Secretary of Health and Human Resources

Staff

Michele Chesser, Ph.D., Executive Director  
Paula Margolis, Ph.D., MPH, Senior Health Policy Analyst  
Andrew Mitchell, Sc.D., Senior Health Policy Analyst  
Stephen Weiss, MPA, Senior Health Policy Analyst  
Agnes Dymora, Executive Assistant/Office Manager



Note: During the June 15, 2018 work plan meeting, members unanimously voted to dissolve the BHC and HL/HS subcommittees and incorporate their work in the main Commission meetings which will now be 9 am -12 pm, also by unanimous vote.

## **2018 JCHC Behavioral Health Care Subcommittee Membership**

### Co-Chairs:

Senator Siobhan S. Dunnavant and Delegate T. Scott Garrett

Delegate David L. Bulova  
Delegate Patrick A. Hope  
Delegate Riley E. Ingram  
Delegate Kaye Kory  
Delegate Christopher K. Peace  
Delegate Christopher P. Stolle  
Delegate Roslyn C. Tyler

Senator George L. Barker  
Senator Charles W. Carrico, Sr.  
Senator Rosalyn R. Dance  
Senator John S. Edwards  
Senator L. Louise Lucas  
Senator David R. Suetterlein

Staff  
Michele Chesser  
Stephen Weiss

## 2018 JCHC Healthy Living/Health Services Subcommittee Membership

### Co-Chairs:

Senator George L. Barker and Delegate Christopher P. Stolle

Delegate David L. Bulova  
Delegate T. Scott Garrett  
Delegate Patrick A. Hope  
Delegate Riley E. Ingram  
Delegate Kaye Kory  
Delegate Christopher K. Peace  
Delegate Roslyn C. Tyler

Senator Charles W. Carrico, Sr.  
Senator Rosalyn R. Dance  
Senator Siobhan S. Dunnavant  
Senator John S. Edwards  
Senator L. Louise Lucas  
Senator David R. Suetterlein

Staff  
Paula Margolis  
Andrew Mitchell

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## JCHC Administrative Updates

- Members will receive staff study presentations at least three weekdays, if not more, prior to the meeting in which they will be given
- As was the case last year, with the Chair's approval, two of the subcommittee meetings have been replaced with two main JCHC meetings
  - More convenient for members who want to be present for all staff presentations with policy options to be voted on during the November decision matrix meeting
- With the Chair's approval, this year there will be no HL/HS subcommittee meeting. Instead, the Virginia Health Care Foundation's **Heroes in Health Care** event will be on September 24.

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## JCHC Administrative Updates

### New Member-Based Study Approval Process

By unanimous vote of 12 members at the February 2018 meeting, the following study approval process was adopted:

- All mandated studies (formally approved by the General Assembly) will be conducted
- JCHC members receive brief summaries of requested studies, along with a ranking form
- An executive subcommittee (ES) of 4 – 6 members and the Chair and Vice-Chair if they wish to participate:
  - Receive total scores for each study based on the member rankings and a Study Information Form for each study request that includes a summary, description of activities staff would need to complete to conduct the study and an estimate of the workload level
    - Current ES members: Senators Barker, Dance, Dunnavant and Sturtevant; and Delegates Garrett and Stolle
  - Discuss the study requests with the Director, provides guidance on the studies and determines which study requests will be approved

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## 2018 Meeting Schedule

	<b>MORNING MEETINGS</b> 9:00 A.M. – 12:00 P.M.	<b>AFTERNOON MEETINGS</b> 1:00 P.M.
<b>June 15</b>	<b>JCHC (9-11 am)</b>	
<b>August 22</b>	<b>JCHC</b>	<b>Behavioral Health Care Subcommittee Cancelled</b>
<b>September 18</b>	<b>JCHC</b>	<b>Heroes in Health Care Event Moved to September 24, 12 p.m.</b>
<b>October 15</b>	<b>JCHC (15 minutes after HAC adjourns)</b>	<b>JCHC Cancelled</b>
<b>November 7</b>	<b>JCHC Decision Matrix</b>	

Meeting location is Senate Room A, Pocahontas Building,  
unless notified otherwise

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**JCHC Studies for 2018**  
**Approved by Executive Subcommittee**  
(Additional Information to Follow)

There are 8 studies that will be completed in 2018:

- For each meeting, there will be no more than 2 staff studies presented
- Four 2-year studies are being completed this year
  - Two are mandated
  - Two were requested and approved by JCHC members in 2017
  - In the future, 2-year study requests, just like 1-year studies, will be either approved or not approved when the request is first received
- Mandated Studies:
  - ADHD Prevalence and Risks of ADHD Medications in Virginia - Final Report of 2-Year Study (Staff: A. Mitchell, June)
  - Options for Increasing Use of Telemental Health Services in Virginia - Final Report of 2-Year Study (Staff: P. Margolis, October)

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**JCHC Studies for 2018**  
**Approved by Executive Subcommittee**  
(Additional Information to Follow)

There are 8 studies that will be completed in 2018 (Cont'd):

- Requested Studies:
  - 2-Year Studies Approved by JCHC Members in 2017:
    - Should Medical Aid-in-Dying be Legal in Virginia - Final Report of 2-Year Study (Staff: M. Chesser, August)
    - \*Quality of Health Care Services in Virginia Jails and Prisons, and Impact of Requiring Community Services Boards to Provide Mental Health Services in Jails - Final Report of 2-Year Study (Staff: S. Weiss, September)
    - Pharmacy Drug Disposal Program (Staff: A. Mitchell, September)
    - \*Addiction Relapse Prevention Programs in the Commonwealth (Staff: A. Mitchell, October)
    - \*Addressing Rising Health Insurance Premiums in Virginia (Staff: P. Margolis, Rescheduled to 2019)
    - Requiring the Installation of Onsite Temporary Emergency Electrical Power Sources for Assisted Living Facilities (Staff: S. Weiss, October)

\* Top three ranked requested studies by JCHC members

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## **ADHD Prevalence and Risks of ADHD Medications in Virginia – Final Report of 2-Year Study (June)**

- **HB 1500 Item 30A**
- **Requests that the JCHC identify methods:**
  - To raise awareness of risks related to the mental and physical health side effects of ADHD medication use and risk of drug addiction
  - To compile and track statistics regarding the number of children in Virginia schools who are diagnosed with ADHD or other similar conditions
  - Used by other states and countries to limit antipsychotic use and the best methods for developing similar systems in Virginia
  - To identify the incidence and prevalence of prescribing anti-psychotics for off-label use by general physicians and psychiatrists

Staff: Andrew Mitchell

Note: Much of the language on this, and following slides, are direct quotes from the study request letter or resolution.

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## **Medical-Aid-in-Dying - Final Report of 2-Year Study (August)**

- **Letter of request from Delegate Kaye Kory, 2017**
- Requests that the JCHC review states that authorize medical aid-in-dying and answer the following questions:
  - What has been the impact of informing patients about end-of-life options such as hospice care and palliative care?
  - How have the following acted to implement the law?
    - Health care providers
    - Health care systems
    - Health care institutions
  - Using data from states that allow medical aid-in-dying, how many people would likely utilize medical aid-in-dying if it became law in Virginia?
  - Have people been coerced to ingest end-of-life medication?
    - Have any of the states enacted protections to discourage or prevent coercion?
- A work group of stakeholders was created and five meetings have occurred

Staff: Michele Chesser

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**Quality of Health Care Services in Virginia Jails and Prisons, and Impact of Requiring Community Services Boards to Provide Mental Health Services in Jails - Final Report of 2-Year Study (September)**

- HJ 616 (Delegate O'Bannon), 2017
  - Directs the Joint Commission on Health Care to study the quality of health care services provided to inmates in jails and prisons in the Commonwealth. In conducting its study, the JCHC shall:
    - Review the requirements for delivery of health care services in jails and prisons
    - Review the oversight of health care service delivery in jails and prisons, including the process for the development and implementation of performance measures and oversight and enforcement of contracts for the delivery of health care services in jails and prisons
    - Evaluate the current quality of health care services delivered in jails and prisons
    - Develop recommendations for improving the quality of health care services delivered in jails and prisons in the Commonwealth
- HJ 779 (Delegate Holcomb), 2017
  - Directs the Joint Commission on Health Care to study the impact; including benefits, costs and barriers; of requiring community services boards (CSBs) to provide mental health services in jails
- Both resolutions were tabled in House Rules Committee with understanding that the JCHC would consider conducting the studies

Staff: Stephen Weiss

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**Pharmacy Drug Disposal Program (September)**

- **SB 862 (Senator Vogel)**
  - **The bill would have changed pharmacy participation in the drug disposal program from voluntary to mandatory**
    - Exempt: a pharmacy that (i) does not dispense Schedule II or III controlled substances; (ii) primarily dispenses by mail, common carrier, or delivery service; or (iii) is located within a hospital
      - May participate voluntarily
  - **PBI'd in Senate Education and Health with expectation of study**
    - A letter from the Senate Clerk requested that the JCHC study the subject matter contained in SB 862

Staff: Andrew Mitchell

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**Options for Increasing Use of Telemental Health Services in Virginia – Final Report of 2-Year Study (October)**

- HB 1500 Item 30B
- Directs the JCHC to study options for increasing the use of telemental health services in the Commonwealth, including the issues and recommendations set forth in the report of the Telemental Health Work Group of the Joint Subcommittee Studying Mental Health Services in the Commonwealth in the 21st Century

Staff: Paula Margolis

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**Addressing Rising Health Insurance Premiums in Virginia (Rescheduled for 2019)**

- SJ 49 (Senator Deeds) directs the JCHC to identify options to address rising premiums for health benefit plans sold in the Commonwealth
  - Tabled in Senate Rules Committee with an agreement that it would be considered by the JCHC
- In conducting the study, JCHC shall:
  - Identify the extent to which premiums for private health benefit plans subject to Title 38.2 of the Code of Virginia in the individual, small group, and large group markets have increased over the past decade
  - Determine the causes driving such increases
  - Attempt to predict increases in the premiums for such health benefit plans over the next decade
  - Compare the increases of premiums for such health benefit plans in the Commonwealth to such increases in other states
  - Identify legislative and regulatory actions by other states that have been effective in reducing, or tempering the rate of increase in, the premiums for such health benefit plans

Staff: Paula Margolis

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### **Requiring the Installation of Onsite Temporary Emergency Electrical Power Sources for Assisted Living Facilities (October)**

- HJ 123 (Delegate Hope) directed the JCHC to study the feasibility of requiring an onsite generator for licensed assisted living facilities
  - Tabled in House Rules Committee with an agreement that it would be considered by the JCHC
- More specifically, the patron directed the JCHC to study the services that assisted living facilities should be required to provide or continue to provide during an emergency, with consideration given to the costs that would be incurred for such services. JCHC should determine:
  - The minimum internal systems of operation that an assisted living community should provide or continue to provide during an emergency
  - The applicability of any requirement for an onsite temporary emergency electrical power source, potentially based on the capacity and size of an assisted living community
  - The potential fiscal impact of any potential requirements on assisted living communities

Staff: Stephen Weiss

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### **Addiction Relapse Prevention Programs in the Commonwealth (October)**

- By letter of request, Delegate Kory asked the JCHC to study substance addiction relapse prevention, with a particular focus on opioid addiction, and address the following questions:
  - How do former addicts maintain addiction-free or relapse-free lives?
    - What are reported rates of success and failure and how is success defined and tracked?
  - Is there a best practices model for prevention programs?
  - What is needed to “cure” addiction in terms of pharmaceutical management?
  - What role does counseling play and what are the requirements for success?
    - What training/technical assistance is needed for peer counselors?
    - What are the costs?
  - What cost-effectiveness data exist? (e.g., Is there a formula to equate time out in the community addiction-free with any savings as compared to the cost of recidivism?)
  - If Virginia data are scarce, what does the national picture indicate (e.g., States with similar demographics to Virginia)? If data is insufficient in Virginia, how can we effectively collect it?

Staff: Andrew Mitchell

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## **Guest Presentations**

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### **Guest Presenters: JCHC August 22 Meeting**

- **State Commissioner of Health: Norman Oliver, MD**
  - August 22, JCHC meeting
- **Commissioner for the Department of Behavioral Health and Developmental Services: Hughes Melton, MD**
  - August 22, JCHC meeting
- **Director for the Department of Medical Assistance Services: Jennifer Lee, MD**
  - August 22, JCHC meeting
- **Update of the State Targeted Response to the Opioid Crisis Grant Awarded to Virginia, Including Emergency Department Pilots**
  - Mellie Randall, Substance Use Disorder Policy Director, and Stacy Gill, Assistant Commissioner for Behavioral Health Community Services, DBHDS
  - August 22, 2018 Meeting

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**Guest Presenters:  
JCHC September 18**

- Update on the ARTS (Addiction and Recovery Treatment Services) Program
  - Ann Bevan, Director for the Division of Developmental Disabilities and Behavioral Health, DMAS
- Secretary of Health and Human Resources: Daniel Carey, MD

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**Guest Presenters:  
JCHC November 7 Meeting**

- My Life, My Community (ID/DD) Medicaid Waiver Redesign: Update on New Services
  - Connie Cochran, Assistant Commissioner of Developmental Services, DBHDS
  - November 7, 2018 Meeting
- ChildSavers: Trauma-informed Mental Health and Quality Early Care Services for Children
  - L. Robert Bolling, Chief Executive Officer, ChildSavers
  - November 7, JCHC meeting
- VHI Annual Report and Strategic Plan
  - Michael Lundberg, Executive Director, VHI
  - Tentative: November 7, JCHC meeting
- Workforce Challenges in the Behavioral Health Services Sector, Including Barrier Crime Requirements
  - Stacy Gill, Assistant Commissioner for Behavioral Health Community Services, DBHDS
  - Tentative: November 7, 2018 JCHC meeting

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2018 SCHEDULE	MORNING MEETINGS (9 AM – 12 PM)
<b>June 15</b> (9-11 am)	Work Plan Staff: ADHD
<b>August 22</b>	Staff: MAID DBHDS Commissioner VDH Commissioner DMAS Director STR to Opioid Crisis Grant
<b>September 18</b>	Staff: Pharmacy Drug Disposal *Staff: Health Care in Jails & Prisons Secretary of HHR DMAS: ARTS Program
<b>October 15</b> (15 minutes after HAC adjourns)	*Staff: Addiction Relapse Prevention Staff: ALF Generators Requirement Staff: Telemental Health
<b>November 7</b>	Decision Matrix ChildSavers: Trauma Informed Behavioral Health Care ID/DD Waivers, New Services Behavioral Health Workforce Challenges, tentative VHI, tentative

\* Top three ranked studies by JCHC members

**Meeting location is Senate Room A, Pocahontas Building, unless notified otherwise**

## Joint Commission on Health Care

Street Address:  
600 East Main Street, Suite 301  
Richmond, VA 23219

Mailing Address:  
P. O. Box 1322  
Richmond, VA 23218

Phone: (804) 786-5445

Website: <http://jchc.virginia.gov>